

MSL East Champions!



ELK GROVE HIGH SCHOOL // VARSITY SOCCER // 2022



MSL East Champions

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Elk Grove High School:

847-718-4400 <http://eghs.d214.org>

Attendance (Need Student ID #)

Last Name A-L: 847-718-4401 or 4402

Last Name M-Z: 847-718-4403 or 4404

Anonymous Tip Line: 847-718-4551

Sports Information: 847-718-4420





Elk Grove High School
500 West Elk Grove Boulevard
Elk Grove Village, Illinois 60007
847-718-4400 • eghs.d214.org

Dr. David R. Schuler
Superintendent

Paul Kelly
Principal

October 2022

Dear Parent(s)/Guardian(s),

Parent-Teacher Conferences are scheduled for **Thursday, October 27, 2022, from 4 p.m. to 9 p.m.** This is a great opportunity to meet with your child's teachers for ten-minute conferences. The district has introduced an intuitive and easy-to-use online parent-teacher scheduler. This means parents and teachers will be able to meet remotely via a web browser on their laptop, tablet, or smartphone. The scheduler allows you to choose your video appointment times with teachers and receive an email confirming your appointments.

The online appointment system will open from **12:01 a.m. on Saturday, October 15, 2022, through 11:59 p.m. on Monday, October 24, 2022.** You may access the online scheduling system at any time of the day or night within this registration window.

Please visit our website <http://eghs.d214.org>, scroll down to "Grenadier Announcements" then click on "Parent-Teacher Conferences". You can also go straight to the website <https://eghs.meettheteacher.com/> to book your appointments. A short guide on how to add appointments is included with this letter. You will need the following information to schedule your child's individual conferences:

Parent Full Name
Parent Email Address
Student Full Name
Student Date of Birth

We suggest that you identify 2-4 classes that you consider priority conferences and schedule those, though you may make appointments with as many or as few teachers as you wish. Keep in mind that in some instances, ten-minute conferences are not adequate. If you find yourself in that situation, you may make an appointment with the teacher for a follow-up conference. You may also email or contact a staff member at any time throughout the school year.

It would be very helpful if you can have your own adult English-speaking translator if you need one. If you have any questions about Parent-Teacher Conferences, please feel free to contact Mrs. Cruz-Gully at 847-718-4413. For Spanish-related questions please contact Mrs. Ramirez at 847-718-4778.

Best Regards,

Quiana McNeal
Associate Principal of Instruction



Discover your future.

Parents' Guide for Booking Appointments

Browse to <https://eghs.meettheteacher.com/>



Step 1: Login

Fill out the details on the page then click the *Log In* button.

A confirmation of your appointments will be sent to the email address you provide.

Step 2: Select Parent Teacher Conference

Click on the date you wish to book.

Unable to make all of the dates listed? Click *I'm unable to attend*.

Step 3: Select Booking Mode

Choose *Automatic* if you'd like the system to suggest the shortest possible appointment schedule based on the times you're available to attend. To pick the times to book with each teacher, choose *Manual*. Then press *Next*.

We recommend choosing the automatic booking mode when browsing on a mobile device.

Step 4: Choose Teachers

If you chose the automatic booking mode, drag the sliders at the top of the screen to indicate the earliest and latest you can attend.

Select the teachers you'd like to book appointments with. A green tick indicates they're selected. To de-select, click on their name.

Step 5a (Automatic): Book Appointments

If you chose the automatic booking mode, you'll see provisional appointments which are held for 2 minutes. To keep them, choose *Accept* at the bottom left.

If it wasn't possible to book every selected teacher during the times you are able to attend, you can either adjust the teachers you wish to meet with and try again, or switch to manual booking mode (Step 5b).

Step 5b (Manual): Book Appointments

Click any of the green cells to make an appointment. Blue cells signify where you already have an appointment. Grey cells are unavailable.

To change an appointment, delete the original by hovering over the blue box and clicking *Delete*. Then choose an alternate time.

You can optionally leave a message for the teacher to say what you'd like to discuss, or raise anything beforehand.

Once you're finished booking all appointments, at the top of the page in the alert box, press *click here* to finish the booking process.

Step 6: Finished

All your bookings now appear on the My Bookings page. An email confirmation has been sent and you can also print appointments by pressing *Print*. Click *Subscribe to Calendar* to add these and any future bookings to your calendar.

To change your appointments, click on *Amend Bookings*.



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Octubre, 2022

Estimados padres/tutores,

Las conferencias de padres y maestros están programadas para el **jueves, 27 de octubre del 2022 de las 4 P.M. - 9 P.M.** Esta es una gran oportunidad para reunirse con los maestros de su hijo en una conferencia de diez minutos. El distrito ha introducido un programador en línea para padres y maestros intuitivo y fácil de usar. Esto significa que los padres y maestros podrán reunirse de forma virtual a través de un navegador web en su computadora portátil, tableta o teléfono inteligente. El programador le permite elegir sus propios horarios para las conferencias por video con los maestros y luego recibirá un correo electrónico confirmando sus citas.

El sistema de citas en línea se abrirá a las **12:01 a.m. del sábado, 15 de octubre de 2022** y se cerrará el **lunes 24 de octubre del 2022 a las 11:59 p.m.** Usted puede acceder al sistema de programación en línea en cualquier momento del día o de la noche dentro de esta ventana de registración.

Visite nuestro sitio web <http://eghs.d214.org>, desplácese hacia abajo hasta "*Anuncios de granaderos*" y luego haga clic en "Conferencias de padres y maestros". También puede ir directamente al sitio web <https://eghs.meettheteacher.com/> para reservar sus citas. Con esta carta se incluye una breve guía sobre cómo agregar citas. Necesitará la siguiente información para programar las conferencias individuales de su hijo:

Nombre completo del padre
Correo electrónico de los padres
Nombre completo del estudiante
Fecha de nacimiento del estudiante

Le sugerimos que identifique de 2 a 4 clases que considere conferencias prioritarias y las programe, aunque puede hacer citas con tantos o tan pocos maestros como desee. Tenga en cuenta que, en algunos casos, las conferencias de diez minutos no son adecuadas. Si se encuentra en esa situación, puede hacer una cita con el maestro para una conferencia de seguimiento. También puede enviar un correo electrónico o comunicarse con un miembro del personal en cualquier momento durante el año escolar.

Sería muy útil si pudiera tener su propio traductor adulto si lo necesita. Si tiene alguna pregunta relacionada con las conferencias de padres y maestros, no dude en comunicarse directamente con la Sra. Cruz-Gully 847-718-4413. Si tiene preguntas en español, comuníquese con la Sra. Ramirez al 847-718-4778.

Atentamente,

Quiana McNeal
Associate Principal of Instruction



Discover your future.

Guía de reserva de citas para padres

Navegar a <https://eghs.meettheteacher>.



Paso 1: Iniciar sesión

Rellene los detalles en la página y después pulse el botón *Iniciar sesión*.

Se enviará una confirmación de sus citas a la dirección de correo electrónico que suministre.

Paso 2: Elegir conferencia de profesores para padres

Pulse sobre la fecha para la que desea reservar.

¿No puede acudir en ninguna de las fechas sugeridas? Pulse *No puedo acudir*.

Paso 3: Elegir modo de reserva

Elija *Automático* si le gustaría que el sistema sugiera el mejor horario para las citas basándose en las horas en las que puede acudir. Para elegir las horas a las que ver a cada profesor, elija *Manual*. Después pulse *Siguiente*.

Le recomendamos usar el modo automático si está navegando desde un dispositivo móvil.

Paso 4: Elegir profesores

Si eligió el modo automático, deslice los botones en la parte superior de la pantalla para seleccionar las horas entre las que puede acudir.

Seleccione los profesores con los que le gustaría reservar citas. Una señal verde indica que el profesor está seleccionado. Para anular la selección pulse sobre el nombre.

Paso 5a (Automático): Reservar citas

Si seleccionó el modo automático verá las citas provisionales, que estarán reservadas durante dos minutos. Para confirmarlas, elija Aceptar en la parte inferior izquierda.

Si no fue posible reservar citas para todos los profesores durante las horas a las que puede acudir, puede cambiar la lista de profesores con los que desea citarse o cambiar a modo manual (Paso 5b).

Paso 5b (Manual): Reservar citas

Pulse sobre cualquiera de las celdas verdes para crear una cita. Las celdas azules marcan las horas para las que ya ha creado citas. Las celdas grises no están disponibles. Para cambiar una cita, elimine la cita original moviendo el puntero sobre la celda azul y pulsando *Eliminar*. Después, elija una hora distinta. Opcionalmente puede dejar un mensaje a los profesores para explicarles de qué le gustaría hablar, o exponer algo que cree que deben saber de antemano. Una vez que haya reservado todas sus citas, presione *pulse aquí* en la caja de alerta en la parte superior de la página para terminar el proceso de reserva.

Paso 6: Finalizado

Ahora se encuentra en la página *Mis Citas* y todas sus citas se muestran en la parte inferior. Se le habrá enviado un correo electrónico de confirmación, y también puede imprimir sus citas desde esta página pulsando *Imprimir*. Pulse *Suscribirse al Calendario* para añadir éstas y otras futuras citas a su calendario. Para cambiar sus citas pulse *Modificar cita*.

ELK GROVE HIGH SCHOOL 2022 ADVANCED PLACEMENT SCHOLARS

Scholars with Distinction: Granted to students who receive an average score of at least 3.5 on all AP Exams taken, **and** scores of 3 or higher on five or more of these exams.

Maya Bielas	Joseph Martorano
Amanda Briggs	Ryan Mayschak
Melissa Cobb	William McGarry
Grace Coveliers	Marina Mitrinovic
Luke Crimmins	Justin Novoselsky
Sarah Damdinbazar	Isabella Ortloff
Leah Daniel	Lenny Ozaeta
Lena Daniel	Priya Patel
Jakub Drazek	Shivam Patel
Andrew Fisher	Nina Rasmussen
Natalia Garcia	Roderick Sacdalan
Seth Gore	Megan Shafar
Lana Hernandez	Kush Shah
Sydney Joseph	Trine Smith
Natalia Kosciarz	Kounosuke Tsuchiya
Julia Kucharewicz	Lourymae Visperas
Conrad Kusion	Bernard Joseph Waters
Raphael Lausa	James Patrick Waters
Catherine Ligeza	Ethan York
Kateri Martinez	Aaron Zawis

Scholars with Honor: Granted to students who receive an average score of at least 3.25 on all AP Exams taken, **and** scores of 3 or higher on four or more of these exams.

Tyler Bobowski	Jovanna Mathai
Josephine Carlson	Shamus McNamara
Enrique Castrejon	Philip Moskal
Samantha Cooper	Ethen Moyanmakl
Antonio Iepan	Jeeya Patel
Olivia Kawula	John Robert Waters
Michael Kwasny	Elizabeth Wirtz
Karylle Lausa	

ELK GROVE HIGH SCHOOL 2022 ADVANCED PLACEMENT SCHOLARS

Scholars: Granted to students who receive scores of 3 or higher on three or more AP Exams.

Ruth Abera
Binita Adhikari
Aaron Akasala
Felicia Akinde
Sallaria Ansong
Fatima Avila
Flynn Behnke
Maximus Bellatti
Emyly Benitez
Grace Bourke
Alexandra Britto
Anthony Cardia
Eleanor Carney
Cathryn Carpenter
Lilianna Duckmann
Elijah Vea Enolva
Jashua Ethithara
Makayla Eugene
Joseph Fickensher
Kamila Foszcz
Ariana Fox
Joshua Gardner
Daniel Gaskill
Timothy George
Mitchell Goeringer
Tyler Goytia
Victoria Gruca
Hannah Gryzik
Nathan Gurney

Aren Hardy
Ava Hennig
Mayrali Hurtado-Lopez
Panipal Isaac
Benjamin Jonas
Michael Jovanovic
Amanda Jovic
Jake Kannala
Madeline Kimura
Victoria Labno
Alyssa Lesniak
Darina Lubenov
Ty Macina
Molly Mahoney
Krishna Martinez
Amelia Marzan
Christina Mavigliano
Alexandra Mazur
Dylan McCorry
Michael Migacz
Jessica Morales
Luis Murillo
Hannah Nguyen
Lieu Nguyen
Aidan O'Toole
Peyton Oda
Antoni Palucki
Renee Gen Pantaleon
Alexander Para

Nicole Pasterski
Sia Patel
Vidhi Patel
Karolina Pater
Alan Perez
Frida Perez De La Cruz
Gabrielle Marie Perolino
Dominica Ptak
Emerson Quirino Romero
Samuel Redding
Gabriella Reid
Eitaro Sakurayama
Gizelle Salumbidez
Bryan Samayoa
Morgan Sanaghan
Mariana Sanchez
Aileen Saucedo
James Sehata
Hayden Selig
Owen Shook
Piotr Slezak
Elena Todorova
Ben Vysnia
Jacob Weiner
Miles Wirth
James Wojtowicz
Maya Wojtowicz
Kordilia Zajac

AP International Diploma: Awarded to students who display exceptional achievement across a variety of disciplines.

Eitaro Sakurayama

Congratulations AP Scholars!

CONGRATULATIONS STUDENTS OF 1st QUARTER

Kevin Cesar

Nominated For:
Geometry in Construction

Nominated By:
Sara Zielinski

Izen Wong

Nominated For:
Biology

Nominated By:
Katherine Griffis

Brittany Reyes

Nominated For:
Chemistry

Nominated By:
*Colin Rice &
Kyle Pfister*

Aidai Esenzhanova

Nominated For:
*World Language
(French)*

Nominated By:
Kirsten Fletcher

Edgar Garcia

Nominated For:
Science

Nominated By:
Annmarie Buabeng

Hayden Selig

Nominated For:
*World History
(History Religions)*

Nominated By:
Daisy Stancheva

Alexander Ballard Rouen

Nominated For:
Human Geography

Nominated By:
Jasmine Reed



CONGRATULATIONS STUDENTS OF 1st QUARTER

Iuliia Laba

Nominated For:
Math Analysis

Nominated By:
Midge Snow

Fatima Avila

Nominated For:
Physical Education

Nominated By:
Anthony Furman

Alissa Ramirez

Nominated For:
Psychology

Nominated By:
Jim Arey



Jesus Maldonado Juarez

Nominated For:
(EL) English Learners

Nominated By:
Dinazia Yarger & Matt Snow

Munhtunshin Zuunbayan

Nominated For:
English

Nominated By:
Kristen Lesniak & Miles Osei

Kushi Patel

Nominated For:
Biology

Nominated By:
Gladys Gonzalez-Martinez
&
Debra Grimm

Natalie Faulkner

Nominated For:
World History

Nominated By:
Jason Spjuth
&
Tim Phillips

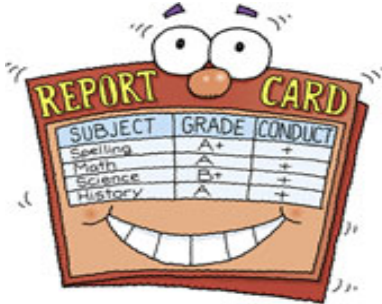
Vincenzo DeMarre

Nominated For:
World Language
(Japanese)

Nominated By:
Ryan Christie

2022 – 2023 ELK GROVE HIGH SCHOOL

GRADING CALENDAR



1st Grading Period

- End of Quarter 1
Friday, October 14, 2022

2nd Grading Period/End of Semester

- End of Quarter 2/Semester 1
Thursday, December 22, 2022

1st Semester Final Exams

- Tuesday, December 20, 2022
- Wednesday, December 21, 2022
- Thursday, December 22, 2022

WINTER BREAK BEGINS AFTER STUDENTS' LAST FINAL ON DECEMBER 22nd

3rd Grading Period

- End of Quarter 3
Friday, March 10th, 2023

4th Grading Period*

- End of Quarter 4/Semester 2
Friday, June 2, 2023
(Last Day of School)

2nd Semester Final Exams

- Wednesday, May 31, 2023
- Thursday, June 1, 2023
- Friday, June 2, 2023

Senior Final Exams (2nd Semester)

- To be announced at a later time

GRADUATION: Wednesday, May 24, 2023 - 7:00 pm
Robert E. Haskell Stadium

Revised: 10/14/22

ELK GROVE HIGH SCHOOL

First Semester 2022-23 Examination Schedule

First semester examinations will be held on **Tuesday, Wednesday, and Thursday, December 20, 21, and 22**, with an eight-period day on **Monday, December 19** as a review day. Attendance will be taken as these are regular school days. The expectation is that students attend all academic blocks during the finals schedule. Final exams are optional for all courses and will be given at teacher's discretion. The D214 Calendar Committee designed this examination schedule to balance the work and stress of final examinations for students.

If students are not present for the exam in extenuating circumstances, they will be given an incomplete and will take the exams in January after break. We ask that parents and students refrain from asking teachers to give finals earlier than the scheduled final times.

MONDAY DEC 19 *(the order of the blocks are not sequential to accommodate lunches)*

Block 1 8:30-9:10
Block 2 9:15-10:00
Block 4 10:05-10:45
Block 5 10:50-11:30

Block 3A - Lunch 11:30-12:00, **Class** 12:05-12:45
Block 3B/C - Class 11:35-12:15, **B&C Lunch** 12:15-12:45
Block 6 12:50-1:30
Block 7 1:35-2:15
Block 8 2:20-3:00

TUESDAY DEC 20

Block 1 8:30-9:50
Block 2 10:00-11:20
Block 3 11:30-12:50
Make Up 1:00-2:20

WEDNESDAY DEC 21

Block 4 8:30-9:50
Block 5 10:00-11:20
Block 7 11:30-12:50
Make Up 1:00-2:20

THURSDAY DEC 22

Block 6 8:30-9:50
Block 8 10:00-11:20
Make Up 11:30-12:50
Make Up 1:00-2:20

STUDY HALLS: In order to maintain an academically focused environment, we ask that all students assigned to study hall (Study Hall or Freshman Foundations) report to their regularly scheduled study hall during that period. If students want to take advantage of the **Mastery Lab** (for tutoring) or take the shuttle home during their study hall block, that is acceptable.

BUSES: Due to the shortened blocks on Monday there will not be any shuttle service, only transportation at beginning and the end of day. The Activity/Athletic bus routes will leave at regular times: 4:45 and 6:00 p.m.

For Tuesday through Thursday, regular bus routes will run in the morning and shuttle *arrivals* are at 9:45 and 11:15 a.m. Shuttle *departure* times are 10:00 and 11:30 a.m., 1:45, and 3:10 p.m. The Activity/Athletic bus routes will leave at **3:15** p.m. on Tuesday and Wednesday and on Thursday they will leave at **1:45** p.m.

TUTORING: Tutoring will be available in the **Mastery Lab** throughout the finals schedule, as well as during the Make Up blocks.

CAFETERIA SERVICE: The cafeteria will be open for breakfast and lunch every day during exams. Students may pick up a "grab and go" lunch for their trip home on exam days.

Good luck, Grens!

From the School Nurse.....Morgan Vogel



Meningitis Vaccine Requirements:



Just a reminder that all students 16 years of age and older are required to receive a meningitis vaccine prior to entering 12th grade. If students do not provide proof of having received a meningitis vaccine by the date indicated from the school district, the child can be excluded from school until the appropriate documentation is received by our school health office. Students who have a medical, or other reason, for not receiving the vaccine must provide documentation to the health office indicating the exception.

Ronald McDonald Medical Van:

Students who are on Medicaid insurance or have no insurance coverage are eligible to participate in our Ronald McDonald Medical Van Service.



This service is sponsored by Advocate Health Care and dates for these clinics are booked throughout the school year at Elk Grove H.S. They provide sports physicals, school physicals and immunizations. Please contact the school health office (847-718-4473) if you would like to make an appointment.

**The Ronald McDonald Medical Van will be at
Elk Grove High School
~ Back Parking Lot (Door 29) ~
Thursday, January 19th, 2023
Friday, February 24th, 2023**

If you have any questions, please contact the Elk Grove School Nurse, Morgan Vogel, at 847-718-4473 or by email at morgan.vogel@d214.org.

From the School Nurse.....

Flu/Cold Information:

Influenza (the flu) is a serious illness. Symptoms can include sore throat, headache, fever, cough, nasal congestion/sneezing, fatigue, muscle/body aches and weakness. Children may also feel nauseated, vomit or have diarrhea. Cold symptoms are very similar to flu symptoms, however the **primary differences between a cold and the flu is that the flu comes on very suddenly and typically causes a fever to occur whereas with a cold your symptoms often come on gradually and a fever is often not present.** If you suspect that either you or a loved one has the flu, it is important to seek medical evaluation for proper diagnosis and treatment.



Transmission: The flu and cold are both caused by viruses and both are typically spread via droplet transmission. This means that when people that are infected with the flu or cold virus and they are coughing and sneezing, they release droplets into the air that can be inhaled by other people who can then become infected. When someone coughs or sneezes, the droplets that they expel into the air can travel up to 20 feet at speeds of 25-50 miles per hour. These droplets can also stay suspended in the air for hours.

You can also get the flu from contaminated surfaces (for example - doorknobs, faucets, telephones). When you touch a contaminated surface and then touch your face, this allows the virus to enter your nose or mouth and transmit itself. Keep in mind that viruses can live on surfaces for up to 24 hours.

Treatment for the flu includes increasing water intake, potential antiviral medication (if diagnosed within 48 hours of onset) and plenty of rest. Antibiotics are ineffective against the flu and are sometimes prescribed to prevent a secondary infection related to a cold virus. Before using over the counter cold or flu treatments, please consult with your medical provider.

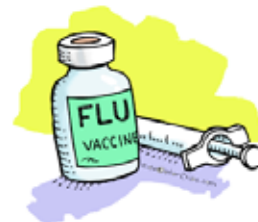


If your child is under 18 years of age, it is very important that you check with your child's medical provider before administering aspirin or aspirin or cold/flu products containing aspirin.

Other Information: According to the CDC, people who have the flu are typically contagious from 1 day prior to becoming symptomatic and up to 7 days after becoming symptomatic. Therefore, it is very important that you stay home from work or school for approximately 7 days after symptoms begin to ensure you are no longer contagious to others. Sometimes when you begin feeling better you feel well enough to return to normal activities (including work or school), however please keep in mind that the goal is prevent others from getting sick as well which is why the CDC recommends staying home for at least 7 days from onset of symptoms.

From the School Nurse.....

As flu season approaches, it is important for you to consult with your medical provider to determine if you can receive it or not. The vaccine is generally recommended for those age 6 months and up. According to the CDC, people at the highest risk for flu-related complications are those with underlying health conditions, those over 65 years of age and children under 5 years of age (especially children under the age of 2). Women who are pregnant should consult with their medical provider before obtaining the flu vaccine.



Hand washing is an easy, and very important, measure that people are encouraged to implement to assist in preventing transmission of the flu or cold virus to themselves or others. Vigorous hand washing with warm water and soap for at least 15 seconds is best practice.

**For additional information regarding influenza,
please click on this link to the CDC website
or talk to your medical provider:**

<https://www.cdc.gov/flu/protect/keyfacts.htm>

Chronic Health Conditions:

School achievement is dependent upon effectively meeting the health needs of each student. If your student has a chronic health condition such as asthma, severe allergies, diabetes or a seizure disorder, it is important for the school, medical provider and family to work together to provide the best educational experience possible. In an effort to provide your student the opportunity for a successful school year, a number of printable healthcare plans are available on the District 214 Health Services webpage: <https://www.d214.org/departments/health-forms>.

The care plans are designed to help the school nurse collaborate with your student's medical provider and family to ensure that the child's healthcare needs are met at school. You can print the care plan from the link listed above or go to the District 214 website and go to the Health Services tab. We ask that you do this prior to the start of each school year, or as soon as possible after the school year begins. **A new care plan is required each school year.**

Student Medication Information:

If your student requires daily medication, an epinephrine injector or inhaler during the school year, these forms are also available on the District 214 website on the Health Services page: <https://www.d214.org/departments/health-forms>. Please complete the forms with your student's medical provider and return them to the health office at your child's school along with the medication. The medication must be in its original container or packaging - or alternatively it must be in an appropriately labeled container from a pharmacy. Here is the direct link to the district medication authorization form: <https://www.d214.org/departments/health-forms>

The school nurse is available to meet with you and your child to discuss their care plan or any concerns you may have regarding your child's healthcare needs at school. If you would like to schedule a meeting, please contact Morgan Vogel R.N., Elk Grove High School Nurse, with any questions or concerns at 847-718-4473 or morgan.vogel@d214.org

From the School Nurse.....



Illinois State Law requires that all students diagnosed with Asthma have an Asthma Action Plan on file with their school. An Asthma Action Plan is a plan developed by you and your child's medical provider that provides the school nurse with an individualized plan of care for your student in the event that they experience asthma symptoms at school or at school-sponsored events (such as coughing, wheezing, shortness of breath, chest tightness or difficulty breathing). We encourage you to consult with your child's medical provider whether or not the child can self-carry their emergency asthma medication at school or if you prefer to keep it with the school nurse. The Medication Permission/Medication Self-Carry Form must be completed and turned in along with the Asthma Action Plan. The links to all of the appropriate forms are listed below. We ask that you print out the forms you need, sign and date them and have your student's medical provider complete the rest of the forms. The completed forms should be returned to the School Nurse at your student's school.

<https://www.d214.org/departments/health-forms>

Students with Severe Allergies:

Additionally - It is very important that the school nurse be made aware if your child has a severe allergy to any food, insects, latex or other allergens. A Severe Allergy Action Plan should be completed by you and your student's medical provider and be turned in to the Health Office at your student's school as soon as possible. The link for the Severe Allergy Action Plan is listed here: <https://www.d214.org/departments/health-forms>



Students with Epilepsy:

On July 1, 2020 the Seizure Smart School Act was signed into law in Illinois. One aspect of this law requires that parents/guardians of children with epilepsy provide a Seizure Action Plan to the school nurse so that medical care specific to their child can be provided at school or at school-sponsored activities. A link to further information regarding this new law is listed below. Additionally, a link to our district Seizure Action Plan is provided below as well.

<https://ilga.gov/LEGISLATION/ILCS/ilcs3.asp?ActID=4002&ChapterID=17>

<https://www.d214.org/departments/health-forms>

Please contact Morgan Vogel R.N., Elk Grove High School Nurse, at 847-718-4473 morgan.vogel@d214.org. if you have any questions or concerns.



Every Child Deserves a School Nurse

HEALTH EDUCATION

Students will learn the major concepts of wellness and personal and public health. In this course, students will be trained on how to properly administer cardiopulmonary resuscitation and how to use an automated external defibrillator. Students will learn the major concepts of wellness and personal and public health. In this course, students will be trained on how to properly administer cardiopulmonary resuscitation and how to use an automated external defibrillator.

Our curriculum follows the *Glencoe Health* textbook (copyright 2015), McGraw-Hill Education (ISBN: 978-0-02-140707-1), as well as supplemental online resources. Parents/guardians may opt their children out by completing the **Opt-Out-Notice** below. For general questions, please reach out to your building's admin email: teachingandlearning@d214.org.



REQUEST TO OPT OUT OF CURRICULUM CONTENT

Public schools have the responsibility to provide an education that provides students with the knowledge and skills to be successful adults and meaningfully contribute to our society. This starts with an education that stimulates educational curiosity, an understanding of multiple perspectives, and knowledge to make informed decisions. At that same time, Illinois law allows parents/guardians to only opt their student out of specific curriculum areas noted below.

- Sex education;
- Family life class;
- HIV/AIDS;
- Avoiding sexual abuse;
- Instruction on organ/tissue and blood donor and transplantation programs (HS only);
- Animal dissection;
- Cardiopulmonary resuscitation (CPR) administration or automated external defibrillator (AED) use

If you do not want your student to participate in one or more of these areas, please complete the following request and return to the building principal. A student will not be penalized for not participating in this course or content area and will be assigned an alternative assignment or activity. Check the box to opt the student out of a specific curriculum area.

- ☐ Recognizing and avoiding sexual abuse (Erin's Law) (105 ILCS 5/27-13.2)
- ☐ AIDS prevention, transmission, and spread (instruction may only occur in grades 6-12) (105 ILCS 110/3)
- ☐ Family life (the emotional, psychological, physiological, hygienic, and social responsibilities of family life, including sexual abstinence until marriage) (105 ILCS 110/3)
- ☐ Training on how to properly administer cardiopulmonary resuscitation (CPR) or how to use an automated external defibrillator (AED) (105 ILCS 110/3)
- ☐ Sex education (105 ILCS 5/27-9.1a(d))
- ☐ Organ tissues and blood donor and transplantation program (105 ILCS 5/27-23.5)
- ☐ Animal dissection (105 ILCS 112/15)

Name of Student

Grade Level

Parent/Guardian Signature

Date



Youth Education Through Service (YES!) Program



Are you a student in District 214 who is interested in hard work, service for others, and career development in any of the following fields?

Architecture & Construction
Health Science
Law, Public Safety, Corrections, & Security

Government & Public Administration
Human Services
Transportation, Distribution, & Logistics

If so, then consider enrolling in the newly offered career-exploration experience, the **YES! Program**. The **YES! Program**, an initiative being offered through High School District 214 and in collaboration with the nationally recognized Disaster Relief Organization, Team Rubicon, aims to drive the youth of our nation to say YES! in life by establishing

- a commitment to community service, especially in assisting with disaster response and human crisis, through positive mentorship, training, education, and career development
- an appreciation for the service of others

The YES! Program Participation Goals:

- Improve student participants' self-confidence
- Offer hard work and leadership experience for student participants
- Offer engaging, hands-on career and community service experiences for student participants

Expectations for the YES! Student Participant:

- YES! I can independently conceive, believe, and achieve
- YES! I can appreciate and learn from the service of others

YES! Program Student Incentives:

- Career-development experience
- 15 service hours to be used toward the Harper Promise
- 15 service hours to be used toward career endorsement for the State of Illinois

The YES! Program Participation Pathway:

1. Email counselor to access and complete the Student Participant Interest Form
2. Meet the program's basic entrance requirements
3. Participate in 5 Saturday sessions
 - *Program Orientation* – 1.28.23, Elk Grove High School Room 120, 9am-12pm
 - *Service Cultures* – 2.25.23, Elk Grove High School Room 120, 9am-11am
 - *Service Volunteers & Careers* – 3.18.23, Elk Grove High School Room 120, 9am-12pm
 - *Service Wellness & Fitness* – 4.22.23, Elk Grove High School Room 120, 9am-12pm
 - *Send-off & Celebration* – 5.20.23, Team Rubicon North Branch Headquarters (459 N. Wolcott Ave, Chicago, IL 60622, 8am-12pm)

Basic entrance requirements for the YES! Student Participant:

- Be enrolled in a District 214 High School
- Be between 15 and 18 years of age
- Maintain a minimum 2.0 grade point average
- Maintain a legal attendance rate
- Have the ability to read, write, and comprehend direction and training material in English or have interpretation capabilities

More information will be provided to students at Elk Grove HS's 9th Annual Veterans Day Celebration on 11.11.22.

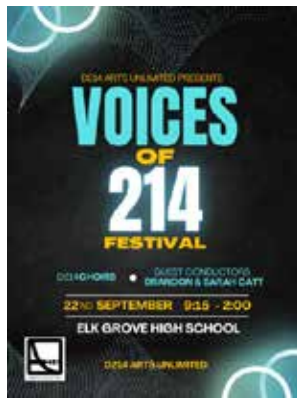


***Objection!* EG's Mock Trial Team Is Gearing Up Early**

Elk Grove's Mock Trial Team started early this year. Team members already have prepared a criminal case for practice trials in the next two weeks. Team members are learning how to create a case theory, question witnesses, and do opening and closing arguments. In early November, team members will receive their case materials for the Illinois Mock Trial Competition and will start preparing for competitions in January, February, and March.

New members are always welcome. Mock Trial meets on Mondays after school in room 120. Students can find Mrs. Thompson, sponsor, in room 146 if they are interested in joining.





EGHS Art Students at Cantigny Park

Sponsored by D214 Arts Unlimited, EGHS art students spent a beautiful September day at Cantigny Park. Known for their tanks and military museum, the park currently has over 30 large scale alebrijes hand crafted by 6 Mexican artists on display. These extraordinary colorful mythical creatures are scattered throughout the park. Art students spent the day drawing from the alebrijes and the surrounding gardens and landscape. The alebrijes at Cantigny Park are on display through the end of October.

The Premiere of Voices of 214 Festival

Elk Grove High School hosted the first Voices of 214 Festival on September 21st. Choir director Keshena Cisneros-Luckett organized a district wide workshop for choir students to work under the direction of guest conductors Brandon and Sarah Catt. Sponsored by D214 Arts Unlimited students learned and performed new material, discussed career paths and options in the fine arts during this one-day event. A huge success, Voices of 214 Festival will hopefully become an annual event.





Student Services News and Updates

New Faces



Welcome Mrs. Allen and Mrs. Ligman to EGHS!!

Important Dates

10/27/22 Parent Teacher Conference

If you have specific counselor related questions please make an appointment with your child(s) counselor.

11/1/22 Many schools close their early action window for college applications.

Each school (and sometimes Major) has their own unique application window, families should be mindful of those dates.

12/1/11 7:00-8:00 pm

Advising the Student Athlete at Hersey High School

12/6/22 6:00-8:00 pm

FAFSA Night

Course Selection

Course selection for 2023/2024 will take place starting in November. More information will be provided to your student(s) in the weeks leading up to course selection. If you have specific questions please contact your student(s) counselor.

Social-Emotional Learning (SEL)

Freshmen, Sophomore, Junior, and Senior PODS have been going into studyhalls to present SEL curriculum to all students. The curriculum is specific to each class based on the skills and knowledge they need to learn to be successful throughout the school year, as well as, to help them prepare for life after graduation. These lessons will continue throughout the school year and we encourage you to talk with your student(s) about what they're learning during these lessons.

Strategies to Support Our Students

According to our most recent student needs survey, 27% of our students said that difficulties with time management were their biggest obstacle to their success. So, how can the school help? Below are a few strategies that you might find beneficial:

1.) Sync Schoology to the calendar on your student's iPad using this [link](#). By doing this, each time a teacher puts a due date on an assignment, test/quiz, or project, it will automatically appear in your child's calendar.

2.) There are many different ways that your child can organize themselves. From simple to-do lists to apps that can remind you when something is due. Here is a copy of an [electronic student planner](#) that students can download into Notability and use to write down what they have to do for each day of the week. The "Reminder" app on students' iPads/iPhones may also be helpful as it can remind students when something is due ahead of time.

Regardless of how they keep track of their assignments, encourage them to be specific. Instead of just writing down "Math" or "English", have them write down the specific assignment, when it's due and even how long they think it will take to complete. Therefore, it's easier to know when it's finished and cross it off when done.

Saturday Community Outreach

Dates Elk Grove High School will be in your community:

Saturday, October 22nd

Saturday, November 5th

Saturday, November 19th

Saturday, December 3rd

From 10am-12pm we will be doing home visits and from 12pm to 2pm we will be next to the main office. To make an appointment for a home visit, please contact Gabby Ramirez at 847-718-4778.

Community Resources

[Northwest Suburbs Resource Directory](#)

[Elk Grove Village Community Services](#)

[Glenbard Parent Series](#)

Suicide & Crisis Lifeline - call or text 988



Noticias y actualizaciones de Servicios estudiantiles

Nuevas caras



Bienvenidas Sra. Allen y Sra. Ligman a EGHS!!

Fechas importantes

10/27/22 Conferencia de padres y maestros

Si tiene preguntas específicas para el consejero, haga una cita con el/ella en el portal en línea.

Muchas escuelas cierran su ventana de registración temprana para solicitudes universitarias.

Cada escuela tiene su propia ventana de solicitud única, las familias deben tener en cuenta esas fechas.

12/1/22 7:00-8:00 p. m.

Asesoramiento al estudiante atleta en Hersey High School

12/6//22 6:00-8:00 p. m.

Noche de FAFSA

Selección de cursos

La selección de cursos para 2023/2024 tendrá lugar a partir de noviembre. Se proporcionará más información a su(s) estudiante(s) en las semanas previas a la selección del curso. Si tiene preguntas específicas, comuníquese con el consejero de su(s) estudiante(s).

Aprendizaje socio-emocional (SEL)

Los equipos para estudiantes de primer, segundo, tercer y último año han estado yendo a salas de estudio para presentar el plan de estudios "SEL" a todos los estudiantes. El plan de estudios es específico para cada clase en función de las habilidades y el conocimiento que necesitan aprender para tener éxito durante el año escolar, así como para ayudarlos a prepararse para su vida después de la graduación. Estas lecciones continuarán durante todo el año escolar y lo alentamos a que hable con su(s) estudiante(s) sobre lo que están aprendiendo durante estas lecciones.

Estrategias para apoyar a nuestros estudiantes

Según nuestra encuesta más reciente sobre las necesidades de los estudiantes, el 27 % de nuestros estudiantes dijeron que las dificultades con la gestión del tiempo eran su mayor obstáculo para el éxito. Entonces, ¿cómo puede ayudar la escuela? A continuación se presentan algunas estrategias que puede encontrar beneficiosas:

1.) Sincronice Schoology con el calendario en el iPad de su estudiante usando este [enlace](#). Al hacer esto, cada vez que un maestro establezca una fecha límite para una tarea, prueba/cuestionario o proyecto, aparecerá automáticamente en el calendario de su hijo.

2.) Hay muchas diferentes maneras en que su hijo puede organizarse. Desde simples listas de tareas pendientes hasta aplicaciones que pueden recordarle cuándo debes hacer algo. Aquí hay una copia de un [planificador electrónico](#) para estudiantes que los estudiantes pueden descargar en Notability y usar para anotar lo que tienen que hacer para cada día de la semana. La aplicación "Recordatorio" en los iPads/iPhones de los estudiantes también puede ser útil, ya que puede recordar a los estudiantes cuándo deben entregar algo con anticipación.

Independientemente de cómo realicen un seguimiento de sus tareas, animelos a ser específicos. En lugar de simplemente escribir "Matemáticas" o "Inglés", pídeles que escriban la tarea específica, la fecha de vencimiento e incluso cuánto tiempo creen que llevará completarla. Por lo tanto, es más fácil saber cuándo está terminado y tacharlo cuando esté hecho.

Alcance comunitario del sábado

Fechas en que Elk Grove HS estará en su comunidad:

sábado, 22 de octubre
sábado, 5 de noviembre
sábado, 19 de noviembre
sábado, 3 de diciembre

De 10 am a 12 pm estaremos haciendo visitas a domicilio y de 12 pm a 2 pm estaremos al lado de la oficina principal. Para hacer una cita para una visita a domicilio, comuníquese con Gabby Ramirez al 847-718-4778.

Recursos de la comunidad

[Northwest Suburbs Resource Directory](#)
[Elk Grove Village Community Services](#)
[Glenbard Parent Series](#)

Suicide and Crisis Lifeline - llame o envíe mensaje de texto 988

A message from Bill Dussling, District 214 Board of Education President



Dear Parents, Guardians and Community Members:

I am pleased to say that we are off to a great start to the 2022-23 school year. While we already have enjoyed too many highlights to list in detail here, I encourage you to catch up on a few by checking out [D214 Stories](#) on the District website or any of our school home pages. Follow our social media accounts as well. I think you'll enjoy seeing some of the wonderful work being done by students and staff.

In addition, I encourage you to mark your calendar for upcoming student and family opportunities. For one, College and Career Ready! Night is scheduled for October 25. This virtual event is a convenient opportunity to learn about the many ways in which students can explore careers while in high school, earn college credits and participate in work-based learning experiences. Students and parents also can attend panel discussions virtually that night with industry professionals, university and college partners, and D214 faculty, students and staff. To learn more go to: [District 214 College and Career Ready! Night 2022](#)

As you probably are aware, worked-based learning experiences represent a key component of District 214's approach to preparing students for success. With that in mind, another calendar note: October 31 is the deadline for students seeking internship placement for spring semester. Learn how these internships provide invaluable learning and how students can apply at: [District 214 Internships](#).

As always, District 214 offers opportunities for people throughout the community. I encourage you to visit the [Community and Adult Education website](#) for current offerings.

Finally, I want to offer a word on behalf of the D214 Education Foundation, which does so much to support students, strengthen their education, foster their well-being and expand their opportunities. With the holiday shopping season ahead, please note that the Education Foundation is now a registered charity with Amazon Smile. This means a percentage of your Amazon purchases – with no upcharge – will go directly to the Foundation. Details are on the [Foundation's website](#).

Thank you for all you do to support our students and the district.

Sincerely,

A handwritten signature in black ink that reads "W. J. Dussling". The signature is written in a cursive, flowing style.

Bill Dussling, President
214 Board of Education

Join us for College and Career Ready! Night

On Tuesday, October 25, the Center for Career Discovery will host its [5th annual College and Career Ready! Night](#) for parents and students to help them better understand how students can explore careers while still in high school—through coursework, early college credit opportunities and work-based learning experiences offered in District 214.

This virtual event will include live panel discussions with industry professionals, university and college partners, and D214 faculty, students and staff, all centered around the District 214 Career Pathways. We will also offer presentations about senior year capstone experiences available across pathways.



College and Career Ready! Night: A Virtual Event

Current and future District 214 students and their families are invited to learn about the myriad of opportunities available to them:

- explore careers while in high school
- simultaneously earn high school and college credits
- participate in work-based learning experiences, internships and apprenticeships

Please join us as we engage in moderated panel discussions with industry professionals, university and college partners, and D214 faculty, students and staff.

Sessions will be recorded for those who are unable to attend.

We look forward to seeing you!

A detailed schedule with zoom links will be available soon.

**College and
Career Ready!
Night**



Internship Opportunities for Students – Apply Now for Spring 2023

District 214's Center for Career Discovery offers students internship opportunities in all Career Pathways that are tailored to students' career interests. Students are paired with industry professionals from our community, allowing students to gain real career-related work experience before graduating high school. Community partnerships are the key to this program's success. Professionals or businesses interested in hosting an internship experience for a District 214 student should contact Kathy Wicks, partnership manager, at kathy.wicks@d214.org.

**Students can now apply for spring 2023 internships at [District 214 Internships](#). The deadline is October 31.

District 214 welcomes Student Success Coaches

District 214 has hired a Student Success Coach for each of our schools to help connect every student with the opportunity to do an internship or apprenticeship before graduating. Are you interested in learning more about these opportunities? The Student Success Coaches would love to hear from you!

- [April Gregory](#) at Buffalo Grove High School
- [De'Angelo Starr](#) at Elk Grove High School
- [Angela Ferrazza](#) at John Hersey High School
- [Kristine Thompson](#) at Prospect High School
- [Kim Carlson](#) at Rolling Meadows High School
- [Valeriel Bank](#) at Wheeling High School

HIGH SCHOOL DISTRICT 214 **INTERNSHIPS**

Do you know what you want to do after graduation?

Let us help you discover your future.

DISTRICT 214 CENTER FOR CAREER DISCOVERY
The Center for Career Discovery provides you with customized career-related activities and work-based learning experiences to support your career exploration and future goals.

WHY INTERNSHIPS?

- Get real-life work experience
- Learn skills for a future career
- Work with local businesses
- Network with professionals
- Earn credit on your high school transcript

INTERNSHIP APPLICATION TIMELINE
Spring internships: Application due October 31.
Summer and fall internships: Application due March 31.

FOR MORE INFORMATION
Contact the Student Success Coach at your school or visit www.d214.org/ccd

APPLY HERE
Scan the QR code or go to apply214.org

District 214 Community Education

The District 214 Community Education program is celebrating 75 years of providing educational and enrichment opportunities. The program is one of the longest-running public high school community education efforts in Illinois.

Community Education offers something for everyone—from pickleball to day trips, career certifications to personal finance classes. Expand your horizons with an evening culinary or crafting class, a health or fitness course, or by learning a new language. Enroll your children in , music lessons or our acclaimed Core Aquatics program.

Our Adult Education and Family Literacy program offers a range of classes and services, from high school equivalency and English courses to U.S. naturalization interview preparation. Classes are open to all residents in our District 214 communities. Check out our offerings at <https://www.ce.d214.org/>. Celebrate our anniversary year by joining us for a program!

District 214 Education Foundation.....Connect with us!

We'd love to connect and hear your story about your D214 experience. Whether you are a parent, alumni, retiree, and/or supporter, by sharing your experience, you'll help us raise awareness and reach more people.

Your story is our story! The D214 Education Foundation's mission is to support students and their families through school and throughout life by strengthening their education, fostering their well-being, and expanding their opportunities. By sharing your experience, you will help us create more effective programs – and give valuable insights that can help others.

Have you ever benefited from someone being a champion for you? Do you remember the joy and support you felt in that instance? That is the feeling we strive for, a feeling that we want every student in District 214 to experience. If you're interested in telling your story, send us a message via Foundation@d214.org. We'd love the opportunity to connect.

Foundation Offers Numerous Opportunities for Funding

The District 214 Foundation provides a variety of opportunities to directly help students and families. Donors can make one-time or recurring gifts using the website, www.214foundation.org, or consider sponsoring families through the 214Cares program -- which focuses on basic needs for the District's highest-need families. Donors can earmark their gifts for specific programs or provide generous unrestricted gifts to support the greatest current needs.

Additionally, the Foundation provides opportunities for naming spaces, including classrooms, in honor of family members or businesses, and also has a Legacy Society for those wishing to make donations through wills and bequests. Ongoing scholarships or funds, which provide money for specific causes or students, also are a common way to provide life-changing help.

The Foundation is eager to grow its network and provide impactful assistance to students throughout District 214. To discuss opportunities, contact Michael Happ at michael.happ@d214.org.



The Foundation Grows Scholarship Awards

Last spring the District 214 Education Foundation distributed nearly \$90,000 in postsecondary scholarships to more than 70 graduating seniors from all District schools.

Among the highlights were the Redefining Ready! Awards, which required applicants to create 30-second videos showing why they are college, career and life ready beyond the value of a test score. Students did so in a variety of ways, including songs and video animation

showing off their activities, achievements outside the classroom, early college credit participation and more.

Applications for this year's scholarships will open in mid-January. Students once again will be able to apply for most of them through a one-stop online portal that, based on their answers to screening questions, provides them a list of the scholarships for which they're qualified and allows them to apply directly online.

An update from the Transportation Department

Does your student ride the bus to school? Check out the Ride 360 App!



The Traversa Ride 360 app is available on Apple and Android devices, and can also be [accessed online](#). It provides quick access to your student's routing information and is confidential and secure.

Traversa Ride 360 allows you to:

- Quickly access your student's bus information
- Get real-time location tracking with accurate estimated arrival times
- Receive notifications from the District if there are delays

For instructions on how to register and download the app, visit www.d214.org/traversaride360.

If you have further questions, please email transportation.trips@d214.org.

What is Be SMART?

The Be **SMART** framework is designed to help parents and adults normalize conversations about gun safety and take responsible actions that can prevent child gun deaths and injuries

Secure

all guns in
your home &
vehicles

Model

responsible
behavior
around guns

Ask

about the
presence of
unsecured
guns in
other homes

Recognize

the role of
guns in
suicide

Tell

about the
presence of
unsecured
guns in
other homes

The Be **SMART** campaign was launched by Everytown for Gun Safety to raise awareness that secure gun storage – storing guns locked, unloaded, and separate from ammunition – can save children’s lives. Be SMART emphasizes that it’s an adult responsibility to keep kids from accessing guns, and that every adult can play a role in keeping kids and communities safer. The Be SMART framework is designed to help parents and adults normalize conversations about gun safety and take the five simple steps above to help prevent shootings by children.

For more information, visit: <https://besmartforkids.org/>





GRENADIERS ATHLETIC BOOSTERS (GAB)

GAB is the parent booster club that supports ALL of the sports offered at EGHS. The council works to raise funds throughout the school year. These funds are generated through fundraisers in which ALL of the proceeds go to benefit Grenadier Athletics.

We would like to send out a big THANKS to all those that came out, sponsored, volunteered, or donated to the Gren's Back to School golf outing. The event was held August 28th and was a success in many ways!

SAVE THE DATE for our next big fundraiser of the year - our annual Trivia night. This will be held, again at the Elk Grove VFW hall on Saturday, November 12th. Start lining up your teams and sharpening your Trivia knowledge and come join us for a super fun night.

Another date to be sure to mark on your calendars is March 5th, 2023. Our annual Gren's Gala is a do not miss event! Don't let the name fool you – it's a casual night of food, fun, raffles, silent auctions. An all-around great evening with friends in support of our athletes.

We're always up to something so be sure to check our site from time to time. We can be found at <https://sites.google.com/view/grenadier-athletic-boosters/home>.

Another way to get involved is JOIN US! We are always open to welcoming new faces and hearing new ideas on how to help our Athletes. We meet on the first Tuesday of each month, lasting from 45 minutes to 1.5 hours. We have many members in our Sr. year, so ALL new members are welcome. Meeting dates are as follows; 10/04, 11/01, 12/06, 01/03/2023, 02/07, 03/07, 04/04 and 05/02. Can't make them all? THAT's OK..... come on out when you can so see what we're about.

One of the major sources of revenue for GAB is through membership by our athletic families and school community. The \$25 family membership/sponsorship fee, goes a LONG way in helping us provide our athletes with the resources needed to stay competitive. If you haven't done so already thru registration, check out our web site to sponsor.

A couple of other ways to support our Grens throughout the year:

- You can find us selling various spirit wear at the home football games and other high school events. New items could pop up at any time so check back often.
- **Shop AMAZONSMILE!** Simply log onto AMAZONSMILE using the same credentials as your standard Amazon account, choose **Grenadier Booster Club Inc** as your charity of choice, and your set. As you shop a portion of each purchase is donated by Amazon to us! That easy!

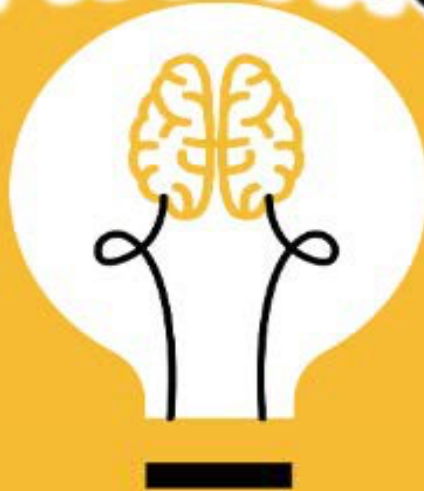
Until next time -- Have a great school year! And GO GRENS!!!

GAB Advisory Council



SATURDAY, NOVEMBER 12TH
7:00 PM - 10:00 PM
EGV VFW Hall, 400 E. Devon, EGV, IL 60007

TRIVIA NIGHT



ALL PROCEEDS TO BENEFIT
EGHS ATHLETIC TEAMS!

Trivia starts at 7:00 PM \$20 per person/ Tables of 8 players

Captain:

Player 1:

Player 2:

Player 3:

Player 4:

Player 5:

Player 6:

Player 7:

Player 8:

Cash Bar – BYO Snacks -50/50 Raffle

Contact Cari Lamberg hockeymama1227@gmail.com or Dawn Pantazis dawnpantazis@gmail.com with any questions!

Return this form with a check made payable to GAB by 11/12/22 to
Cari Lamberg 73 Eden Rd, EGV, IL 60007 • or pay onsite the night of the event!

E • L • K • G • R • O • V • E

choir

2022-2023 CHOIR KICK-OFF

In August, the choir students got to enjoy the annual choir kick off in the stadium with Mrs. Lockett and the student exec board. They did a scavenger hunt, did an ice breaker, and some dancing. The choral boosters provided the food and drinks, courtesy of Jersey Mike's. Thank you to everyone who came out to have some fun getting to know your fellow singers and to the student exec board for leading the event.

CHOIR CONCERTS – October 2022 and December 2022

Believe it or not, we are nearing that time of year for our fall and holiday concerts. Our first concert will be on **Thursday, October 20th @ 7pm** in the Gym. This will be a combined concert with D59 Junior High choirs. Our winter concert, which will also include band & orchestra, will take place on **Thursday, December 15th** in the gym. Keep an eye out for more details from Mrs. Lockett.

FUNDRAISERS

As you may know, this year is a **BIG TRIP** year for the choir students to Disney. We know the cost of the trip is definitely not small, and so we are hoping to help offset some costs through various fundraisers this year. Each student has their own account where profits from fundraisers are split between the Boosters and the student, usually a 60/40 split with the greater amount going to the student. **This applies only to students who participate in the fundraiser itself.** Our first fundraiser is with World's Finest Chocolate, yum... Students who wish to participate, should see Mrs. Lockett for more information.

CRAFT FAIR

The annual craft fair will be held at EGHS on **Sunday, November 6th**, and the choral boosters will again have a table. We will be asking for baked goods donations as well as volunteers again this year, so please keep an eye out for a signup genius link in the coming weeks.

Please join us for our next Boosters meeting via Zoom!
More details to follow so watch your in box for an email from Mrs. Lockett.

Thank you for supporting EG Choirs!!!

Contact us at: e.g.choralboosters@gmail.com





District 214 Budget Online



Pursuant to Section 17-1.2 of the Illinois School Code (105 ILCS 5/17-1.2) notice is given that the 2022-2023 District 214 budget, itemized by receipts and expenditures, is now available on the District #214 website. The budget does not have to be on individual school websites, only on the district website.

You may find this information at:

<https://www.d214.org/departments/financial-documents/>

D214 ON FACEBOOK AND TWITTER

Stay up to date on the latest news from High School District 214 and its schools by following and liking our Twitter and Facebook accounts.





Kenneth Young Korner

2nd Quarter - October 2022



Drug Take- Back: A Community Initiative

With National Recovery Month in our rearview mirror and with the winter months on the horizon, now more than ever is a good time to recognize the importance of using safe prescription medication practices. During the colder months, so many people suffer from seasonal depression. As we begin to cope with the



feelings that come with cold weather, it's important to address how our medications practices can keep our community safe. Since the pandemic started, feelings of anxiety and depression have certainly

increased. Nirmita Panchal of the American Counseling Association states that today, 1 in 4 American adults report feelings of anxiety or depression. People are feeling stressed, and the rate of using substances to cope is increasing too. In

the same study, Panchal reports that 13% of U.S. adults reported a new or increase in Substance Use due to COVID-19-related stress. While the data is alarming, it hits home at the community level. *(continued on next page)*



9%

report there is little to no risk when using prescription medications not prescribed to them

20%

report it would be "sort of," or "very," easy to get prescription drugs not prescribed to them.

52%

report their parents have not talked with them about using opioids for non-medical reasons.

**According to the 2020 Illinois Youth Survey of 8th, 10th, and 12th-grade students in Cook County Non-Chicago



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Kenneth Young Korner

2o trimestre- octubre 2022



Devolución de Medicamentos: Una Iniciativa Comunitaria

Con el Mes Nacional de la Recuperación en nuestro espejo retrovisor y con los meses de invierno en el horizonte, ahora más que nunca es un buen momento para reconocer la importancia de utilizar prácticas seguras de medicamentos recetados. Durante los meses más fríos, muchas personas sufren de depresión estacional. A medida que empezamos a

afrontar a los sentimientos que vienen con el clima frío, es importante abordar cómo nuestras prácticas de medicamentos pueden mantener segura a nuestra comunidad. Desde que comenzó la pandemia, los sentimientos de ansiedad y

depresión ciertamente han aumentado. Nirmita Panchal de la Asociación Estadounidense de Consejería afirma que hoy en día, 1 de cada 4 adultos estadounidenses reportan sentimientos de ansiedad o depresión. (Continúa en la siguiente página)



9%

informan que hay poco a ningún riesgo cuando usan medicamentos recetados que no les han recetado

20%

reportan que sería "más o menos" o "muy" fácil obtener medicamentos recetados que no se les hayan recetado.

52%

reportan que sus padres no han hablado con ellos sobre el uso de opioides por razones no médicas.

**Según la Encuesta Juvenil de Illinois 2020 (Suburbios de Cook County)



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Township High School District 214
Elk Grove High School
500 W. Elk Grove Blvd.
Elk Grove Village, IL 60007

The word "LEGACY" is rendered in a stylized, bold font. The letters "L", "E", and "G" are filled with a yellow-to-orange gradient and have a 3D effect. The letters "A", "C", and "Y" are white with a thick green outline. The entire word is outlined in green.